

# Roshiley Tilistyak BSN, USRN

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## PROFILE:

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Patient-focused Registered nurse and ambitious nursing graduate with 5years experience in community nursing providing excellent nursing care to multi-cultural student populations. Well-versed in strengthening and facilitating the academic system by protecting the health status of students. Proven ability to provide nursing services by managing early detection and treatment of health problems. Track record of establishing trust, genuine care, and managing urgent situations. With a passion for learning and growing professionally within a dynamic healthcare environment.

## LICENSES AND CERTIFICATIONS

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Registered Nurse, Northern Mariana Islands-United States Territory	2016
BLS Certification – American Heart Association	2015
Emergency First Response Instructor Certification	2015

## EDUCATION

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Certificate in Professional Teaching	2019
M. Ed in International Teaching	
Framingham State University Framingham, Massachusetts	2019
Bachelor of Science in Nursing	
Great Saviour College, Philippines	2012
TESOL training	
West Visayas State University, Philippines	2011

## ACCOMPLISHMENTS:

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Received the "Best in Related Learning Experience (RLE) Practice" award

Received the "Best in Psychiatric Nursing Practice" award

Received the "Best in Teaching Demonstration" (TESOL) certificate of Recognition

## STUDENT NURSE/ CLINICAL ROTATIONS:

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Medical-Surgical	The Medical City (TMC) Iloilo City branch former Great Saviour Hospital, Iloilo, Phil.	June 2009-April 2012
Medical-Surgical	The Medical City (TMC) Ortigas, Manila branch, Phil.	April 2011-May 2011
Obstetrics	Sta. Barbara Lying-in and Rural Health Clinic Sta.Barbara, Iloilo, Phil	June 2009-April 2012
Operating-Room	The Medical City (TMC) Iloilo City branch former Great Saviour Hospital, Iloilo, Phil.	June 2009-April 2012
Pediatrics	The Medical City (TMC) Iloilo City branch former Great Saviour Hospital, Iloilo, Phil.	June 2009-April 2012
Psychiatrics	The Medical City (TMC) Ortigas, Manila branch, Phil.	April 2011-May 2011

## **DUTIES AND RESPONSIBILITIES:**

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- Completed RN-supervised practicum providing nursing care to patients with both acute and chronic mental health issues.
- Complete assessment of patient and documents in medical record
- Analyzes the information collected to determine patient's needs and expected outcomes
- Observes, evaluates and reports symptoms and conditions of patients
- Develop a plan of care based upon the assessment, diagnosis, and expected outcomes of patients
- Administration of medications, monitor patient's response to medication and document under the supervision of Clinical Instructors
- Assist in carrying out procedures and Doctor's order according to accepted standard
- Applies specific principles in performing nursing procedures and techniques
- Implements plan of care and documents in medical record
- Assist patient in their activities of daily living along with health education
- Collaborates with other members of the interdisciplinary to achieve the patient's expected outcome

## **WORK EXPERIENCE:**

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### **Western International School of Shanghai School Nursing Coordinator**

**Aug 2014 – Present**

- Coordinates between nurses in the school campus
- Providing WISS staff Emergency First Response first-aid and CPR training
- Providing Secondary students with CPR training
- Providing Sexuality education to secondary students
- Writes for WISS today health and wellness section e-newsletter
- Provide hand washing class to students
- Maintain and update health records on all WISS Staff and students
- Performs assessment and treatment with students/staff during school hours for various minor injuries and medical problems
- Maintain a record of daily students visits to the health office
- Responsible for updating student health information using SNAP nursing software
- Gives out prescription meds in the school setting after validating with parents and physician when possible
- Maintains and runs nursing office(clinic) and is responsible for keeping inventory of supplies and equipment
- Responsible for ordering supplies, equipment and OTC medications for the nursing office
- Communicates in a timely manner with parents/staff regarding student injuries, health history and other general information as needed and deemed necessary
- Arranges for nurse substitute to cover the nursing office when regular nursing personnel is absent
- Develops individual action plans and emergency procedures for students with chronic condition such as diabetes, asthma, seizure condition, severe allergy reaction, etc.
- Develops Fact Sheets for communicable diseases and in-charged of sending out fact sheet when needed
- Promote health education throughout the School community and taking effective preventative health measures.

- Provide students and staff with first aid care when needed.
- Administer scheduled and PRN medications.
- Attend students' physical and emotional needs.
- Communicating with parents and faculty regarding students' state of health.
- Maintain current and accurate health records on all students.
- Comply with the School's Health and Safety policies and take specific responsibility for all health and safety matters
- Provided support and advice for parents and school staff on childhood illnesses and the management and control of infection and communicable diseases.
- Keep and maintain student's health records

**SEMINARS AND CONTINUING EDUCATION CERTIFICATES:**

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03/29/2019	Perioperative Safety: Hypothermia, Hypoglycemia and Handoffs (CE614)
01/06/2019	Child Protection in Schools
09/06/2018	Assessing and Managing Suicide Risk: Core Competencies for Mental Health Professionals
03/06/2018	Child Abuse (CE185-60)
03/04/2018	The ABCs of Hepatitis: Preventive Measures Can Halt Transmission (CE547)
03/02/2018	The Germy Truth About Public Swimming Pools (CE483)
01/07/2018	Traumatic Brain Injury (CE571)
01/06/2018	Childhood and Adolescent Immunization Update
01/03/2018	Adolescent Drinking: The Sobering Facts about Teen Alcohol Use and Abuse (C551)
12/14/2017	Communications: Nurse-Patient Relationships
12/14/2017	Wound Care for Pediatric, Burn, Bariatric and Cancer Patients
12/06/2017	Sports-Related Concussions: Tackling a Growing Trend(CE617)
12/06/2017	Acute Pain Management in Children: Operative or Medical Procedures
12/03/2017	Skin and Wound Assessment
11/26/2017	Care Planning, Nursing Process & Nursing Assessment
11/22/2017	Pain Management and Alternatives
11/01/2017	Blurred Lines: Understanding Sexuality for School Nurse Leaders
10/16/2017	When Insect Bites Can Kill, Prevention Is a Must!
10/15/2017	Infection Control in the Classroom
10/03/2017	Opioid Overdose Awareness and Prevention Program: A Model for School Health
10/03/2017	Naloxone Use in the School Setting: The Role of the School Nurse
10/01/2017	Wellness for School Nurse Leaders
08/21/2017	Cultural Competency: Strategies to Reduce Health Disparities in School- age Children